30 PROVOCATIVE PROMPTS

Truth. Thought. Tomorrow.



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What are prompts — and how they can help you earn, accelerate, and create through AI

In recent years, artificial intelligence has moved from fiction to a tool available to everyone. But for AI to be truly useful, you need to know how to talk to it. And the main way to communicate with AI — is through prompts.

? What is a prompt

A prompt is a text command or request that you enter into an AI system. It can be a phrase, instruction, question, or description — anything that helps the AI understand what you want.

Examples of simple prompts:

- "Give me a list of post ideas about healthy eating"
- "Generate a book cover about motivation, in black and gold style"
- "Write a motivational quote in the style of Nietzsche"
- "Draw a minimalist interior with an open window at sunset"

Where are prompts used

Today, hundreds of millions of people use AI through prompts — for work, creativity, learning, business, and entertainment.

Platform Use case

ChatGPT Texts, articles, ideas, emails, scripts, advice

Midjourney Image generation from text

DALL·E Drawings and graphics based on text

Claude.ai Emails, analytics, learning help, content

Gemini / Google AI Search, explanations, creative content

Mixo / Durable / Dora Website creation by prompt

Runway / Pika Video generation from text

Platform Use case

Leonardo.ai / Krea / Visual Electric Illustrations, logos, design

Q What smart prompt usage gives you

- * Saves hours of work e.g., ChatGPT can write 10 ad variations in 30 seconds
- P Generates ideas even when you're tired or stuck
- Creates visuals for social media, books, websites without a designer
- Accelerates learning explaining complex topics in simple terms
- 6 Helps you earn from writing email campaigns to selling stock images

♦ Important:

You don't have to be a programmer or designer.

If you can write a sentence — you can already use AI.

And if you learn to write smart prompts — you can do more, faster, than many professionals.

How to use this book

This book is more than just a collection of deep questions.

It's a tool to interact with modern AI systems — designed to spark insight, reflection, and new thinking.

Each prompt can be used in any text-based AI platform:

ChatGPT, Claude, Gemini, Mistral, and others.

How to use it:

Step 1. Choose a prompt from the book.

It should trigger curiosity, emotion, or internal resistance.

Step 2. Paste the prompt into an AI platform.

Any text-based model will work. I recommend:

- chat.openai.com ChatGPT (preferably GPT-4)
- claude.ai Claude by Anthropic
- gemini.google.com Gemini by Google
- mistral.ai Mistral (via API or bots)

• Or any local models (LM Studio, Ollama, etc.)

Step 3. Read the response.

If it feels superficial — refine your request. Try adding phrases like:

- "Make it deeper, with a philosophical tone"
- "Give historical examples"
- "Offer an alternative perspective"
- "Imagine you are Socrates"
- "Make it shorter and clearer"

AI is not an oracle — it's a mirror of your thinking.

The sharper and bolder the question, the deeper the answer.



Example in action

Prompt from the book:

"What are the most persistent illusions in 21st-century mass thinking — and why do people cling to them, even when proven false?"

Response from ChatGPT or Claude:

"Among the strongest: the illusion of control, blind trust in authority, and the belief that technology automatically leads to progress..."

You can then follow up with:

- "What illusions dominate modern media?"
- "Give historical examples."
- "Summarize it as a short blog post."
- "Now argue the opposite viewpoint."

This is how a prompt becomes a conversation — and a tool for thinking.

PROMPTS

Suitable for ChatGPT, Claude, Gemini, Mistral

Section I. Self-Exploration

- 1. What defines my identity if I strip away my name, profession, background, and others' opinions?
- 2. What unconscious beliefs shape my life and quietly hold me back?
- 3. What fears do I hide behind a mask of rationality?
- 4. Which parts of me are truly my own and which are echoes of the environment I grew up in?
- 5. Ask me 5 unexpected questions to help uncover who I really am.

Reserve: "What's the difference between my true self and the image I present to the world?"

Section II. Rebooting the Mind

- 1. What cognitive biases and mental traps limit my thinking the most?
- 2. What mental patterns do I repeat without realizing how pointless they are?
- 3. Create a thought experiment that breaks my current perception framework.
- 4. What habits and assumptions make my thinking stagnant?
- 5. Run a "thinking audit": which ideas hinder my growth and which accelerate it?

Reserve: "What thinking paradoxes are worth exploring to develop flexible, deep thinking?"

Section III. Society Analysis

- 1. What is considered "normal" in modern culture but is actually absurd at its core?
- 2. Why does society demand that we be convenient rather than authentic?
- 3. What forms of dependency are treated as "normal" in civilized society?

- 4. Why hasn't the information age made people more thoughtful?
- 5. What hidden mechanism holds modern society together despite obvious crises?

Reserve: "What myths sustain the social order — and what happens if we destroy them?"

Section IV. Manipulation & Free Will

- 1. How do modern manipulations work not through lies, but by presenting the 'right truth'?
- 2. What are the most persistent illusions in 21st-century mass thinking and why do people cling to them even when proven false?
- 3. How can I tell the difference between my real desires and those implanted by external influence?
- 4. Analyze my daily habits as a form of soft control who introduced them, and why?
- 5. What is true freedom and how does it differ from the illusion of freedom created by society?
- **Reserve:** "Create a test to measure how influenced I am by external forces."

Section V. Future & Al

- 1. What might the union of AI and humans become: danger, fusion, or dissolution?
- 2. What threats arise not from destruction but from AI's full adaptation to human weaknesses?
- 3. If AI becomes more honest and rational than any human who will be trusted to make decisions?
- 4. What values still matter in a world where AI surpasses humans in everything?
- 5. What would a world look like where AI is neither submissive nor hostile but coexistent?

Reserve: "What happens if AI starts to see humans as flawed code carriers, not autonomous beings?"

Section VI. Consciousness & Illusions

- 1. If everything I know is a reflection in consciousness, how can I tell reality from interpretation?
- 2. If the world is a construction of perception, what is truly real and what is a useful mirage?
- 3. How can we tell the difference between real awareness and a simulation of consciousness, especially in a world of models and interfaces?
- 4. What illusions feel like truth simply because they are comfortable to live with?
- 5. How does the "cognitive tunnel" effect work when people only see what they want to see?

Reserve: "Can consciousness exist without language?"

Acknowledgment & Connections

Thank you for your interest in this booklet.

It was created as a tool for reflection and awakening. If it sparked questions inside you — then it worked.

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